



Congregation Beth Shalom

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Bar/Bat Mitzvah Honor Worksheet

Presentation of Tallit

(generally presented by parents or grandparents)

Name

Relationship

Honor of Opening the Ark (for processional)

Name

Relationship

Torah Service

Note: Immediate family can not have successive Aliyot (Parent and children, siblings and spouses). The parents of the Bar Mitzvah may be called for the seventh Aliyah as it is seperated from Maftir by Kadish.

****Note: The first aliyah and second aliyah are reserved for a Kohen and Levi respectively. If you do not have a Kohen and/or Levi in your party one will be selected from the congregation.**

**Kohen-First Aliyah

English Name _____

Hebrew Name _____

Father's Hebrew Name _____

Relationship to BM _____



**Levi-Second Aliyah

English Name _____

Hebrew Name _____

Father's Hebrew Name _____

Relationship to BM _____



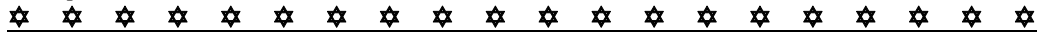
Third Aliyah:

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



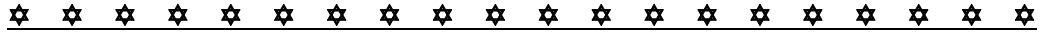
Fourth Aliyah:

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



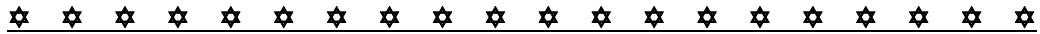
Fifth Aliyah:

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



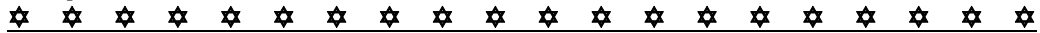
Sixth Aliyah:

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



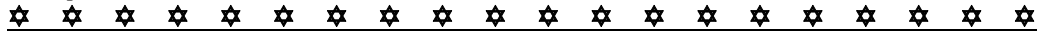
Seventh Aliyah: (generally Parents of BM)

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



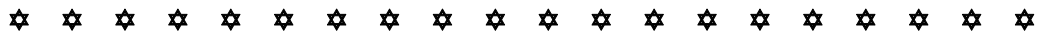
Maftir Aliyah: Reserved for Bar/Bat Mitzvah

English Name _____

HebrewName _____

Father's HebrewName _____

Relationship to BM _____



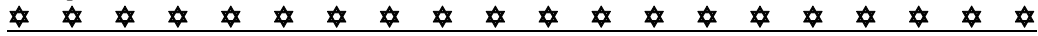
Hagbah - The honor of lifting the Torah

English Name _____

HebrewName _____

Father's Hebrew Name _____

Relationship to BM _____



Gahlelah - The honor of wrapping the Torah

English Name _____

HebrewName _____

Father's Hebrew Name _____

Relationship to BM _____



Honor of Opening the Ark (for recessional)

Name

Relationship



Optional Readings

PARENT PRAYER

May be recited by one or both parents immediately prior to their child's Aliyah.

Name

Relationship

PRAYER FOR THE CONGREGATION

Name

Relationship

PRAYER FOR THE COUNTRY

Name

Relationship

PRAYER FOR THE STATE OF ISRAEL

Name

Relationship

PRAYER FOR PEACE

Name

Relationship



KIDDUSH HONORS

KIDDUSH FRIDAY NIGHT

Name

Relationship

BLESSING THE CHALLAH FRIDAY NIGHT (where applicable)

Name

Relationship

KIDDUSH SHABBAT MORNING

Name

Relationship

BLESSING THE CHALLAH SHABBAT MORNING

Name

Relationship

Blessing on The Tallit

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו, וְצָוָנוּ לְהִתְעַטֵּף בְּצִיצִית.

*Baruch Ata Ado-nai Elo-heinu Melech Ha'Olam, asher
kideshanu b'mitzvotav v'ratzah vanu, l'hit-a-teif
ba-tsi-tsit.*

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהֵחֵינוּ וְקִיַּמָּנוּ
וְהִגִּיעָנוּ לְזִמְן הַזֶּה.

*Ba-ruch a-tah Ah-do-nai, E-lo-he--nu, Me-lech
Ha-o-lam, she-heh-che-yanu, v'ki-y'manu, v'hi-gi-anu
lazman hazeh.*

Parents' Prayer

May be recited by one or both parents immediately prior to their child's Aliyah.

For a Bar Mitzvah: On this Shabbat when our son becomes a Bar Mitzvah, our hearts are filled with gratitude and love to God for all the blessings that our child has enjoyed, that we have known, and for reaching this time of joy. It is our hope and prayer that the Torah, God's most precious gift, will always guide and inspire him. May the moral and ethical teachings of our tradition be precious to him so that he will appreciate his heritage.

Let his eyes sparkle with the light of your Torah. May the love of his religion inspire him to the performance of mitzvot throughout his life. We pray that your protecting and loving care will accompany him and that his deeds will reflect the meaning of this day so that he will bring pride to us, honor to the house of Israel and glory to your name.

For a Bat Mitzvah: On this Shabbat when our daughter becomes a Bat Mitzvah, our hearts are filled with gratitude and love to God for all the blessings that our child has enjoyed, that we have known, and for reaching this time of joy. It is our hope and prayer that the Torah, God's most precious gift, will always guide and inspire her. May the moral and ethical teachings of our tradition be precious to her so that she will appreciate her heritage.

Let her eyes sparkle with the light of your Torah. May the love of her religion inspire her to the performance of mitzvot throughout her life. We pray that your protecting and loving care will accompany her and that her deeds will reflect the meaning of this day so that she will bring pride to us, honor to the house of Israel and glory to your name.

FOR THOSE RECEIVING AN ALIYAH

The honor of coming up to the Torah is called an "Aliyah". The following are the blessings that each person will recite before and after each section of Torah reading. **Before reading the Torah:** Take the Tzitzit (The long strings on a corner of the Talit), touch them to the first word of the Aliyah in the Torah, then kiss them.

Before reading of the Torah section:

Honoree

בָּרְכוּ אֶת יְיָ הַמְבָרֵךְ

BARCHU ET ADONAI HAMVORACH

Congregation Then Honoree

בְּרוּךְ יְיָ אֱלֹהֵינוּ הַמְבָרֵךְ לְעוֹלָם וָעֶד:

BARUCH ADONAI HAMVORACH LOLAM VA-ED

Honoree

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר בָּחַר בְּנוּ מִכָּל הָעַמִּים וְנָתַן לָנוּ אֶת
תּוֹרָתוֹ. בְּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה.

**BARUCH ATTA ADONAI, ELOHAINU MELECH HA'OLAM, ASHER BACHAR
BANU MIKOL HAMIM, VNATAN LANU ET TORATO, BARUCH ATTA ADONAI
NOTIAN HATORAH**

After the Torah section has been read

(Touch the fringe of your talit to the last word of the Aliyah in the Torah)

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נָטַע
בְּתוֹכֵנוּ. בְּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה.

**BARUCH ATTA ADONAI, ELOHAINU MELECH HA'OLAM, ASHER NATAN
LANU TORAT EMET V'CHAYAI OLAM NATA B'TOCHAINU BARUCH ATTA
ADONAI, NOTAIN HATORAH**

A prayer for our Congregation.

May He who blessed our ancestors, Abraham, Isaac, and Jacob, Sarah, Rebecca, Rachel, and Leah, bless this entire congregation, together with all holy congregations: them, their sons and daughters, their families, and all that is theirs, along with those who unite to establish synagogues for prayer, and those who enter them to pray, and those who give funds for heat and light, and wine for Kiddush and Havdalah, bread to the wayfarer and charity to the poor, and all who devotedly involve themselves with the needs of this community and the Land of Israel. May the Holy One, Praised be He, reward them; may He remove sickness from them, heal them, and forgive their sins. May He bless them by prospering all their worthy endeavors, as well as those of the entire people Israel.

And let us say: Amen.

A prayer for our Country

Our God and God of our ancestors: We ask Your blessings for our country, for its government for its leaders and advisors, and for all who exercise just and rightful authority. Teach them insights of Your Torah, that they may administer all affairs of state fairly, that peace and security, happiness and prosperity justice and freedom may forever abide in our midst.

Creator of all flesh, bless all the inhabitants of our country with Your spirit. May citizens of all races and creeds forge a common bond in true harmony to banish all hatred and bigotry and to safeguard the ideals and free institutions which are the pride and glory of our country.

May this land, under Your providence, be an influence for good throughout the world, uniting all people in peace and freedom and helping them to fulfill the vision of Your prophet: "Nation shall not lift up sword against nation, neither shall they experience war any more."

And let us say: Amen.

A prayer for The State of Israel

Our Father in Heaven, Rock and Redeemer of the people Israel: Bless the State of Israel, with its promise of redemption. Shield it with Your love; spread over it the shelter of Your peace. Guide its leaders and advisers with Your light and Your truth. Help them with your good counsel. Strengthen the hands of those who defend our Holy Land. Deliver them: crown their efforts with triumph. Bless the land with peace, and its inhabitants with lasting joy.

And let us say: Amen.

A prayer for Peace

**May we see the day when war and bloodshed cease
when a great peace will embrace the whole world.**

***Then nation shall not threaten nation
and mankind will not again know war.***

**For all who live on earth shall realize
we have not come into being to hate or destroy .*We have
come into being to praise, to labour and to love.***

***Compassionate God, bless all the leaders of all
nations with the power of compassion.***

***Fulfill the promise conveyed in Scripture:
"I will bring peace to the land,
and you shall lie down and no one shall terrify you.***

***I will rid the land of vicious beasts
and it shall not be ravaged by war."***

Let love and justice flow like a mighty stream.

Let peace fill the earth as the waters fill the sea.

And let us say: Amen

Kiddish for Fri Night

וְיִהְיֶה עֶרֶב וְיִהְיֶה בֹקֶר יוֹם הַשְּׁשִׁי

"Va'yehiy erev, va'yehiy voker" "Yom ha'shishi

וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל-צְבָאָם: וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי, מְלַאכְתּוֹ

Va'yechulu ha'shamayim ve'ha'aretz v'chol tzevaam. Va'yechal Elo-him ba'yom ha'sheviy melachto

אֲשֶׁר עָשָׂה, וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי, מִכָּל-מְלַאכְתּוֹ אֲשֶׁר עָשָׂה: וַיְבָרֶךְ

asher asa, va'yishbot ba'yom ha'sheviy mikol melachto asher asa. Va'yevarech

אֱלֹהִים אֶת-יוֹם הַשְּׁבִיעִי, וַיְקַדֵּשׁ אֹתוֹ, כִּי בּוֹ שָׁבַת מְכָל-מְלַאכְתּוֹ,

Elo-him et yom ha'sheviy va'yekadesh oto, ki vo shavat mikol melachto

אֲשֶׁר-בָּרָא אֱלֹהִים לַעֲשׂוֹת:

asher bara Elo-him laasot.

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן:

"Baruch Ata Ado-nai Elo-heinu Melech Ha'Olam, Borei peri ha'gafen"

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְרָצָה בְּנוֹ

Baruch Ata Ado-nai Elo-heinu Melech Ha'Olam, asher kideshanu b'mitzvotav v'ratzah vanu,

וְשִׁפְתַּי קִדְּשׁוּ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְנוּ זְכוֹרֹן לְמַעֲשֵׂה בִּרְאשִׁית. כִּי הוּא

v'Shabbat kodsho b'ahavah u'v'ratzon hinchilanu zikaron l'maaseh bereshit; Ki hu

יוֹם תְּחִלָּה לְמִקְרָאֵי קִדְּשׁ זְכוֹר לְיִצְיַאת מִצְרָיִם. כִּי בְּנוֹ בְּחֵרֶת וְאוֹתָנוּ

yom techilah le'mikraei kodesh, zeicher li'yetziat Mitzrayim; Ki vanu vacharta v'otanu

קִדְּשָׁתָּ מְכָל-הָעַמִּים. וְשִׁפְתַּי קִדְּשָׁךְ בְּאַהֲבָה וּבְרָצוֹן הִנְחַלְתָּנוּ:

kidashta mi'kol ha'amim, V'Shabbat kodshecha be'ahavah u've'ratzon hinchaltanu

בָּרוּךְ אַתָּה יְיָ, מִקְדֵּשׁ הַשְּׁבֶת:

Baruch ata Ado-nai Mekadesh Ha'Shabbat

Blessing On The Challah

Netilat Yadayim. Washing of the hands. This ritual is in preparation for the eating of bread, in this case, the Shabbat Challah. A cup, containing water, is used to wash the hands. It is a custom to start with the right hand, which in Midrashic literature symbolizes strength. After the washing of the hands the following blessing is recited.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ עַל נְטִילַת יָדַיִם:

*Ba-ruch a-tah Ah-do-nai, E-lo-he--nu,
Me-lech Ha-o-lam, a-sher k'd'sha-n u nu
b'mits-vo-tav v'tsi-va-nu al n'ti-lat
ya-da-im*

After washing **Netilat Yadayim**, the blessing over the Challah is recited. The act of washing is done specifically to prepare us to make a blessing over the Challah. The combination of washing and eating the Challah is part of one joint action, therefore, we do not speak until both prayers are recited.

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם.

הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

*Baruch Atah Adonai Eloheinu Melech
ha-olam, ha-motzi lechem min ha-aretz*

Kiddish for Shabbat Morning

*V'sham-ru v'nay Yis-ra-el, et ha-Shabbat,
la'a-sot et ha-Shabbat, l'do-ro-tam b'rit
o-lam. Bai-nee u'veyn b'nay Yisrael, ot hee
l'o-lam,
ki shai-shet ya-mim a-sah Ah-do-nai, et
ha-sha-nia-yim, v'et ha-a-retz. Uva-yom
ha-sh'vi-e sha-vat va-ye-na-fash.*

וְשָׁמְרוּ בְּנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת.
לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרוֹתָם בְּרִית עוֹלָם:
בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעוֹלָם.
כִּי שֵׁשֶׁת יָמִים עָשָׂה יְהוָה אֶת
הַשָּׁמַיִם וְאֶת הָאָרֶץ. וּבַיּוֹם
הַשְּׁבִיעִי שָׁבַת וַיְנַפֵּשׂ:

בָּרוּךְ אַתָּה יְהוָה, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַנֶּפֶשׁ:

Ba-ruch a-tah Ah-do-nai, E-lo-he--nu, Me-lech Ha-o-lam, bo-rei p'ri ha-ga-fen.